



LEADERS IN TRAINING

Summer Camp 2024

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Introduction:

Thank you for your interest in joining our Leaders In Training Program. This handbook will help answer some questions as you fill out your application form.

The YMCA selects teenagers (Rising 9th and 10th Graders) during the summer to participate in our Leaders In Training Program. This program is designed to give high school students the opportunity to grow as a leader and to observe counselors, work with children, and be exposed to employment for the first time. Our camps are in operation during the summer months when school is out.

For over 50 years, the Alamance County Community YMCA has supported summer camp based programming that encourages young people to grow in spirit, mind, and body. Our YMCA is committed to providing trained professional staff for our summer camps that will uphold our mission and character values.

Who we're looking for:

When we select Leaders In Training we look for people who will strive to achieve our program goals:

- Teens who want the opportunity to positively impact the lives of children
- Teens who want to be a part of a team and learn leadership skills
- Teens who will serve a critical role in creating an atmosphere that is fun, safe, and welcoming for campers.

Basically, we are looking for mature, creative, fun, enthusiastic and energetic people. If you love working with kids in an outdoor and indoor environment, YMCA Summer Camp may be just the place for you!

What working at camp is all about:

Our Leaders In Training Program will give you the opportunity to work with children from ages 5 to 10. Summer camp training will be held during June aimed at developing the skills necessary for the summer. The training schedule will be provided to those applicants chosen.

If you have ever been to camp, you can probably guess what it is like to work there. YMCA Summer Day Camps are everything you could ask for in a camp - and more. Most staff members describe working at our YMCA Summer Day Camps as one of the most rewarding experiences of their lives.

Camp Frontier is nestled at the foot of Bass Mountain in Snow Camp, North Carolina. Camp Horizons is located at the YMCA and uses the surrounding area to help lead the kids in organized activities.

Leaders In Training Responsibilities:

The first priority for all camp staff, including Leaders In Training is to ensure that all campers are safe and properly cared for throughout their stay at camp. This means ensuring adequate and qualified supervision at all times, meeting the special needs of children, providing effective discipline and being a role model for youth while away from home. Leaders In Training will learn all these skills through observation, one-on-one counseling/direction by the Teen Director, and hands on experience.

Leaders In Training also share in the day-to-day operation of the camp, which includes leading special programs, instructing campers in various skills, helping with spontaneous or unexpected activities and performing some cleaning duties.

There is a lot for Leaders In Training to do in a day, but don't worry if you do not know how to do something listed above - we provide full training. Remember, the great thing about working for the Y is that everything is a team effort. We are all out there doing the job together!

Application Process:

Interviewing and selection of the Leaders In Training will take place in May. Interviewing for camp is a two-part process. First, you must submit your completed application with two additional recommendations from teachers or community members. Second, selected applicants will be contacted by **May 10 to schedule a group interview. Final selection for Leaders In Training will be completed by May 24.**

Because most applicants will not have previous work history or experience, a large determining factor will be based on the interview and response to application questions. Applications must be completed by the Leaders In Training, not their parents.

Applications must be received by May 10, 2024.

Fees for the Leaders in Training Program:

\$89 per session for YMCA Members

\$99 per session for non YMCA Members

YMCA Leaders In Training Application

Note: Those applying for the program must be rising 9th and 10th graders

Name: _____ Date: _____ Gender: _____

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____

School: _____ Grade: _____

Parent/Guardian Name(s): _____

Parent/Guardian Email: _____ Parent/Guardian Phone: _____

Allergies and/or medical conditions _____

Which sessions are you interested in attending:

___ Session 1 (June 10 - June 14)

___ Session 7 (July 22 - July 26)

___ Session 2 (June 17 - June 21)

___ Session 8 (July 29 - Aug 2)

___ Session 3 (June 24 - June 28)

___ Session 9 (Aug 5 - Aug 9)

___ Session 4 (July 1 - July 3)

___ Session 10 (Aug 12 - Aug 16)

___ Session 5 (July 8 - July 12)

___ Session 11 (Aug 19 - Aug 23)

___ Session 6 (July 15 - July 19)

SHORT ANSWER QUESTIONS: Feel free to elaborate on a separate sheet of paper

- 1. Why do you want to be a Leader In Training at Camp Frontier/ Horizons?**
- 2. What leadership positions have you held? What contributions did you make?**
- 3. Who is one person you truly respect as a leader? Why?**
- 4. What is the most exciting aspect of the Leaders In Training program for you?**
- 5. What are you most nervous about in regards to the Leaders In Training program?**
- 6. Give an example of a time when you fell short of your goals. How did you react to this setback?**
- 7. What do you hope to gain from the experience?**
- 8. What three words best describe your personality?**
- 9. What leadership traits do you feel you personally need to work on?**

10. Please describe something you have done at school, home or elsewhere that you are particularly proud of.

11. Please write a short summary about which camp you would like to work at (Frontier or Horizons) and why.

12. Additional Comments

Thank you for your interest in our program and your enthusiasm toward building your own future as a leader. Please remember that the Leaders In Training Program is highly competitive and we are looking forward to getting to know each of you.

If you have any questions or need help regarding this application please do not hesitate to call Miranda Parks at 336-395-9622. Please Submit Application with Two (2) Written Recommendations To: Attn: Teen Director

Alamance County YMCA 1346 S. Main Street Burlington, NC 27215