



PROGRAM POOL SCHEDULE

MARCH 2024

SCHEDULE NOTES:

- Lap swimmers are expected to share lanes by either splitting lanes or circle swimming
- Lane changes are made by lifeguards 5 minutes prior to the start of programming
- Lap lanes may be used for lap swimming or water walking (no stationary exercising)
- Private lessons may use open/lap swim lanes during open hours
- 2 lanes will be used for lifeguard training classes 3/8 (4:45pm-7:45pm), 3/9 (9am-5pm), and 3/10 (1pm-5pm)
- Only 1 lap lane will be available for use on Monday, 3/11 from 7pm-7:45pm
- Lifeguard training will use Lane 5 on 2/20 from 7pm-7:45pm and 3/23 from 7am-8:30am

MONDAY & WEDNESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5
5:30am – 6:30am	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
6:30am – 7:55am	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00am – 11:00am	----- CLOSED FOR WATER FITNESS CLASSES -----				
11:00am – 1:00pm	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
1:00pm – 3:25pm	OPEN	OPEN	LAP SWIM	LAP SWIM	LAP SWIM
3:30pm – 4:25pm	LAP SWIM	YBAC	YBAC	YBAC	YBAC
4:25pm – 7:00pm	----- CLOSED FOR PROGRAMMING -----				
7:00pm – 7:45pm	SWIM LESSONS	SWIM LESSONS	LAP SWIM	LAP SWIM	LAP SWIM
TUESDAY & THURSDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5
5:30am – 6:30am	OPEN	LAP SWIM	LAP SWIM	MASTERS SWIM	MASTERS SWIM
6:30am – 7:55am	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00am – 11:00am	----- CLOSED FOR WATER FITNESS CLASSES -----				
11:00am – 1:00pm	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
1:00pm – 3:25pm	OPEN	OPEN	LAP SWIM	LAP SWIM	LAP SWIM
3:30pm – 4:00pm	LAP SWIM	YBAC	YBAC	YBAC	YBAC
4:00pm – 7:00pm	----- CLOSED FOR PROGRAMMING -----				
7:00pm – 7:45pm	WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP SWIM
FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5
5:30am – 6:30am	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	YBAC
6:30am – 7:55am	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
8:00am – 11:00am	----- CLOSED FOR WATER FITNESS CLASSES -----				
11:00am – 1:00pm	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
1:00pm – 3:25pm	OPEN	OPEN	LAP SWIM	LAP SWIM	LAP SWIM
3:30pm – 4:00pm	LAP SWIM	YBAC	YBAC	YBAC	YBAC
4:00pm – 5:00pm	----- CLOSED FOR PROGRAMMING -----				
5:00pm – 7:00pm	LAP SWIM	YBAC	YBAC	YBAC	YBAC
7:00pm-7:45pm	OPEN	OPEN	LAP SWIM	LAP SWIM	LAP SWIM
SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5
7:00am – 8:55am	OPEN	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
9:00am – 10:00am	----- CLOSED FOR WATER FITNESS CLASSES -----				
10:00am – 10:30am	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	LAP SWIM	LAP SWIM
10:30am – 12:15pm	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	LAP SWIM	LAP SWIM
12:15pm – 1:00pm	OPEN	OPEN	LAP SWIM	LAP SWIM	LAP SWIM
1:00pm – 4:00pm	OPEN	OPEN	LAP SWIM	YBAC	YBAC
4:00pm – 4:45pm	OPEN	OPEN	OPEN	LAP SWIM	LAP SWIM
SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5
1:00pm – 3:00pm	OPEN	OPEN	OPEN	LAP SWIM	LAP SWIM
3:00pm – 4:00pm	OPEN	OPEN	LAP SWIM	SPECIAL OLYMPICS	SPECIAL OLYMPICS
4:00pm – 4:45pm	OPEN	OPEN	LAP SWIM	LAP SWIM	LAP SWIM

POOL SCHEDULE IS SUBJECT TO CHANGE ON SHORT NOTICE

For questions or pool rental/party inquiries, please contact Briley Penner (Aquatics Director) at bpenner@acymca.org OR 336.395.9622 ext. 215