



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

STRONG SWIMMERS CONFIDENT KIDS

Youth Swim Lessons – January 2021

We are bringing back our swim lessons with caution and anticipation. They will look different at this time and follow all the safety guidelines established by the CDC, NCDHSS, Red Cross and Y USA. We will still provide the best swim lessons, with qualified/trained/fun instructors. We ask you to read below and direct any questions to Solaris Anderson – swim.lessons@acymca.org

Here's what you need to know

- Any classes without a parent in the water will have 3 swimmers:1 Instructor ratio. Classes with a parent in the water will be allowed 4 swimmers:1 instructor.
- When you arrive for your visit
 - Please do not arrive more than 5 minutes prior to the start of your class. At this time there will be no locker rooms available. Bathrooms at the pool will be open. Swimmers should come in their swim suit.
 - Please come with only 1 viewer for your visit; the fewer people the better. Everyone entering the door will be screened and only allowed in if symptom free.
 - If your child typically swims with goggles, please have your own goggles. Per Governor's order to promote the best sanitary conditions, we will not be borrowing/lending goggles.
 - Hyper cleaning will remain in place.
 - We will screen all employees daily for fever. Any team member that is not feeling 100% healthy will stay at home. Please be understanding if this causes us to change your instructor. Our priority is to keep you healthy and it is best for our employee to recover at home.
 - Please only come to class if your swimmer is 100% healthy. If they are feeling even a little "under the weather," stay home. If your swimmer or anyone in your house is showing signs of illness, **DO NOT COME TO SWIM CLASS.**
 - At the end of the class, you are asked to leave immediately so we can clean the pool area for the next group.

2021 January Swim Lesson Sessions

Registration is now available on-line at www.acymca.org/programs

Don't know what Level your swimmer is? Check out this Page:
<https://www.acymca.org/sites/default/files/Swim%20Lesson%20Selector%20Guide.pdf>

Saturday at YMCA: January 9 to 30

10:00 – 10:30 – Parent/Child to level 2

10:45 – 11:15 – Level 3 & 4; Level 5+

Sunday at YMCA: January 10 to 31

1:00 – 1:30 – Parent/Child to Level 2 (2 groups)

1:45 – 2:15 – 2 Groups of Level 3-4; 1 group of 5+

2:30 – 3:00 – 2 groups of Level 3-4; 1 group of 5+

Swim Lessons will be Small Group lessons – 4 lessons for \$40.00/members \$60.00/non-members

Private Lessons - \$125/ 5 – 30 minute lessons

Semi-Private Lessons (Same household – 2 or more / same level) – Members (\$30/swimmer); Non-Members (\$50/swimmer) for 4 – 30 minute classes

Refund Policy: A required form requesting a Refund or Credit (available at the Member Services Desk) must be submitted to the Aquatics Director **TWO WEEKS prior to the beginning of class.**

Make-up days: If a class is canceled by the YMCA the weekend classes will be notified by Solaris Anderson Swim Lesson Coordinator. Make-up days will not be scheduled for individuals who miss a class.