



ACYMCA NEWSLETTER

AUGUST 2019



EVENTS CALENDAR:

August 16:
Red Cross Blood Drive
4:00-6:00 p.m.

August 23-September 3:
Y Pool Closed
for Annual Maintenance

October 25:
Annual Fall Festival
6:30-8:30 p.m.

A WORD FROM OUR CEO

Members,

As your summer comes to an end, I hope you find yourself feeling fulfilled in how you spent your time... whether it be with your family, investing in yourself, or prioritizing the ever so elusive, REST. As we look towards the school year ahead, our Y is working hard at preparing events and programs to help you and your family feel your best. Please read on to hear what's new and, as always, know that we're here for you every step of the way.

Walter Britt, CEO
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FALL SPORTS:

Our ACYMCA Fall Sports Registration is coming soon! Head on over to our website for more information on our Fall Sports Programs and stay tuned to our social media for registration information. For questions, please call our front desk.



NEW CARDIO EQUIPMENT:

Have you heard? Our Y has installed brand new Cardio Equipment! We appreciate your patience with us during the time we were closed and we're excited about how great all the new equipment looks! For questions, please call our front desk.

FOLLOW US ON SOCIAL MEDIA:

Are you following us on Social Media? We post upcoming events, highlight our programs, share Employee and Member Spotlights, healthy recipes, inspirational quotes, and so much more!

