



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

BUILDING SKILLS THAT LAST A LIFETIME

Private Swim Lessons: September 2019 through May 2020

Benefit from one-on-one instruction with your private swim lesson instructor.

Whether you are new to the water or just need to refine your stroke, we can help!

- Enjoy the encouragement and special attention inherent with private lessons
- Create your own goals and take away great drills for continued improvement
- You arrange days/times with the instructor. Indicate on back of form your preferred times.
- Swimmers receive 5 classes, each lasting 30 minutes at a total cost of \$125.00



For more information: Visit: www.acymca.org or contact Solaris Anderson @ swim.lessons@acymca.org

ALAMANCE COUNTY COMMUNITY YMCA
1346 South Main Street, Burlington NC 27215
P 336 395 9622 www.acymca.org

Please fill out the form and we'll contact you to coordinate your lessons.

Swimmer's Name: _____ Age: _____

Parent's Name (if under 18): _____

Email: _____

Phone: _____

Address: _____

City: _____ State: _____ Zip _____

Current Swimming Ability: _____

Requested Instructor: _____

Any special considerations we need to be aware of: _____

**All times may not be available—dependent upon
instructor availability and previously scheduled lessons**

Monday through Friday:

11:00 – 3:00 PM 8:00 – 8:30 PM

Wednesday: 7:00 – 7:30 PM

Saturday: 12:15 – 4:30 PM

Sunday: 1:00 – 4:30 PM