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# Be Healthy Be Strong Belong



## Adult Volleyball Spring 2023

### Alamance County Community YMCA

Our Adult Co-ed Volleyball League offers a fun way to exercise with friends in a fun competitive sport! This league provides a challenging level of play for recreational players and is designed to encourage fair play. We welcome volleyball players of all abilities in a family friendly environment. This league provides a great place to meet new people while developing your volleyball skills. No worries if you don't have a team... we will help you find teammates!

**FOR:** Males and Female, Ages 17 and Up

**WHEN:** March 20th- May 23rd 2023

Registration period January 30th- February 24th, \$10 late fee after February 24th

**COST:** \$30 for Y Members, \$50 for Program Participants

**TIME:** Fridays 6:00 PM-8:00PM

**LOCATION:** ALAMANCE COUNTY COMMUNITY YMCA

1346 S. Main Street

Burlington, NC 27215

336.395.9622

[www.acymca.org](http://www.acymca.org)

**CONTACT:** Mick Pettyjohn, [mpettyjohn@acymca.org](mailto:mpettyjohn@acymca.org)





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## Adult Volleyball Registration Form Spring 2023

Name \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Birth Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Years Played (circle one): 1 2 3 4 5

Email Address \_\_\_\_\_

Parent Contact Name (if under 18) \_\_\_\_\_

Parent Contact Phone (if under 18) \_\_\_\_\_

T-Shirt Size (Please Circle One): AS AM AL AXL AXXL

### PLAYER'S AGREEMENT

The goal of the YMCA Adult Volleyball League is to promote safe, clean, amateur sport and recreation in a Christian atmosphere. Fun, fair play, participation and teamwork are the expected results, while winning at all cost is discouraged! Players, parents and spectators are expected to conduct themselves in a sportsmanlike manner that is conducive to the Mission and Philosophy of the YMCA.

I have read, understand and agree with the goals of the YMCA Adult Volleyball League.

I certify that I am in normal health and I am capable of participating safely in the 2023 YMCA Adult Volleyball League.

I release/authorize the use of any pictures that may be taken for publicity, etc. in connection with the YMCA.

**I understand that all Registration Fees have to be paid at the time of Registration. I understand that I cannot participate, nor be placed on a roster, until I have fully completed the registration process.**

I acknowledge the YMCA reserves the right to reclassify, reassign, etc. players, teams, leagues, and reserves the right to decline the participation of players, parents, coaches, spectators, pertaining to this League.

I understand that certain risks are involved in playing sports. I understand the potential for personal injury to myself while participating in the YMCA Adult Volleyball League.

I hereby release the Alamance County Community YMCA, Inc., all agents, staff, and volunteers from any liability in connection with the League(s) and agree to abide by any/all decisions made by the staff.

Each year the Y raises money to provide financial assistance for children that otherwise cannot afford to participate in YMCA programs. If you would like to make a donation, please indicate below and someone will contact you. Thank you for helping us impact the lives of children in our community. \_\_\_\_\_ Yes

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_