



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOU BELONG WITH US MEMBERSHIP AT THE ALAMANCE COUNTY YMCA 2023



THE ALAMANCE COUNTY YMCA  
1346 S. MAIN STREET, BURLINGTON, NC 27215  
(336)395-9622 ACYMCA.ORG

FOR A BETTER US.

# MEMBERSHIP INFORMATION

**HOURS OF OPERATION:** MONDAY-FRIDAY 5:30AM-8:00 PM SATURDAY 7:00AM-5:00 PM SUNDAY 1:00-5:00 PM

The Y is a cause for strengthening the community. With a focus on developing the potential of kids, improving individual health and well-being, and giving back and supporting our neighbors, your membership will bring about meaningful change not just within yourself, but in your community too. Come join us here at the Alamance County YMCA and be part of more than a gym.

## MEMBERSHIP RATES:

MEMBERSHIP TYPE	BASIC MEMBERSHIP	HEALTH CENTER	JOINING FEE
<b>TEEN</b> (AGES 12-15)	\$19	N/A	N/A
<b>YOUNG ADULT</b> (AGES 16-17)	\$29	N/A	N/A
<b>ADULT</b> (AGES 18-64)	\$39	\$55	\$29 (Must be paid with application)
<b>SENIOR CITIZEN</b> AGES 65 OR OLDER	\$33	\$48	\$29 (Must be paid with application)
<b>FAMILY</b> TWO ADULTS W/ UP TO 6 DEPENDENTS*	\$57	\$79	\$59 (Must be paid with application)
<b>SENIOR FAMILY</b> TWO ADULTS (ONE 65 OR OLDER)	\$48	\$68	\$59 (Must be paid with application)

**YOUTH PROGRAM MEMBERSHIP (AGES 11 AND UNDER):** Receive member rates on programs. Does not include facility privileges. \$108/year  
**PAYMENTS:** Available by Monthly Bank Draft, Annual, Semi-Annual, or Quarterly payments.

**FINANCIAL ASSISTANCE:** Applications are available at the Membership Desk or on our website at [www.acymca.org](http://www.acymca.org)

### BASIC MEMBERSHIP PRIVILEGES

- Indoor Swimming Pool
- Indoor Walking./Running Track
- Group Fitness Classes
- Aqua Fitness Classes
- Cardio Theatre Room
- Functional Fitness Room
- Free Weight Room
- Locker & Shower Facilities
- Child Watch

### HEALTH CENTER PRIVILEGES

Must be 18 or older to use.

All basic privileges plus:

- Jacuzzi (Men's), Steam & Sauna
- Lounge & Vanity
- Lockers (\$3/monthly)

### YMCA FEATURES

- 66,000 square foot facility
- 5 lane, 25-yard indoor pool
- 4 basketball courts
- 4 racquetball courts
- State of the art Fitness Center—bikes, stair climbers, ellipticals, and treadmills
- Fitness Classes
- Youth Programs
- Summer Camps