



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Alamance County YMCA Gym 1 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 9AM	OPEN GYM 1PM - 5PM
					CLOSED FOR SPECIAL OLYMPICS 9AM - 12PM	
					OPEN GYM 12PM - 5PM	
			CLOSED FOR ADULT BBALL PROGRAM 5PM - 8PM			

Schedule
is subject
to change

For a better us.

Please note: YMCA Basketball trainers may use a basket at any time during open gym for training purposes. We appreciate your understanding and cooperation.



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Alamance County YMCA Gym 2 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM CLOSED FOR ADULT BBALL PROGRAM 5PM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 5PM

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Gym 4 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	CLOSED FOR VOLLEYBALL 7AM - 3PM	PICKLEBALL OPEN PLAY 1PM - 3PM
PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM		CLOSED FOR VOLLEYBALL 3PM - 5PM
OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM		OPEN GYM 3PM - 5PM
CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM		
CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM		

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Gym 5 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	CLOSED FOR VOLLEYBALL 7AM - 3PM	PICKLEBALL OPEN PLAY 1PM - 3PM
PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM		CLOSED FOR VOLLEYBALL 3PM - 5PM
OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM		OPEN GYM 3PM - 5PM
CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	CLOSED FOR AFTERSCHOOL 3PM - 5:00PM		
CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM		

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