

Alamance County YMCA Gym 1 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					OPEN GYM 7AM - 9AM	
					CLOSED FOR SPECIAL OLYMPICS 9AM – 12PM	OPEN GYM 1PM – 5PM
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 12PM - 5PM	Schedule is subject to change			
			CLOSED FOR ADULT BBALL PROGRAM 5PM - 8PM		For a better us.	
					trainers may us time during oper purposes. We	MCA Basketball e a basket at any n gym for training appreciate your and cooperation.



Alamance County YMCA Gym 2 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 5PM Schedule is subject to change			
			CLOSED FOR ADULT BBALL PROGRAM 5PM – 8PM		Please note: YI trainers may use time during oper purposes. We a	MCA Basketball e a basket at any n gym for training appreciate your and cooperation.



Alamance County YMCA Gym 4 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
OPEN GYM 5:30AM - 8AM		PICKLEBALL OPEN PLAY 1PM – 3PM					
PICKLEBALL OPEN PLAY 8AM - 12PM	CLOSED FOR VOLLEYBALL 7AM - 3PM	CLOSED FOR VOLLEYBALL 3PM - 5PM					
OPEN GYM 12PM – 3PM	OPEN GYM 3PM – 5PM	Schedule is subject to change					
CLOSED FOR AFTERSCHOOL 3PM - 5:00PM	For a better us.						
CLOSED FOR VOLLEYBALL 5PM – 8PM	CLOSED FOR VOLLEYBALL 5PM – 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM - 8PM	CLOSED FOR VOLLEYBALL 5PM – 8PM	Please note: YMCA Basketball trainers may use a basket at any time during open gym for training purposes. We appreciate your understanding and cooperation.		



Alamance County YMCA Gym 5 | FEB - MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
OPEN GYM 5:30AM - 8AM		PICKLEBALL OPEN PLAY 1PM – 3PM					
PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	CLOSED FOR	CLOSED FOR	
OPEN PLAY	VOLLEYBALL	VOLLEYBALL					
8AM - 12PM	7AM - 3PM	3PM - 5PM					
OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM – 3PM	OPEN GYM 12PM – 3PM	OPEN GYM 3PM - 5PM	Schedule is subject to change	
CLOSED FOR	For a better us.						
AFTERSCHOOL	AFTERSCHOOL	AFTERSCHOOL	AFTERSCHOOL	AFTERSCHOOL			
3PM - 5:00PM							
CLOSED FOR	Please note: YMCA Basketball trainers may use a basket at any time during open gym for training purposes. We appreciate your understanding and cooperation.						
VOLLEYBALL	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL	VOLLEYBALL			
5PM – 8PM	5PM - 8PM	5PM - 8PM	5PM - 8PM	5PM - 8PM			