



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Alamance County YMCA Gym 1 - FALL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 5PM

Schedule is subject to change

For a better us.

**WINTER BASKETBALL
REGISTRATION
STARTS 9/30!**



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Alamance County YMCA Gym 2 - FALL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 5PM

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Alamance County YMCA Gym 4 - FALL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 7AM - 9AM	OPEN GYM 1PM - 2PM
PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	CLOSED FOR VOLLEYBALL 9AM - 12PM	PICKLEBALL OPEN PLAY 2PM - 4PM
OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 5PM	OPEN GYM 4PM - 5PM
CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM		
CLOSED FOR VOLLEYBALL 5:30PM - 8PM	CLOSED FOR VOLLEYBALL 5:30PM - 8PM	CLOSED FOR VOLLEYBALL 5:30PM - 8PM	OPEN GYM 5:30PM - 8PM	CLOSED FOR VOLLEYBALL 5:30PM - 8PM		

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Alamance County YMCA Gym 5 - FALL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 5:30AM - 8AM	OPEN GYM 7AM - 9AM	OPEN GYM 1PM - 2PM
PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	PICKLEBALL OPEN PLAY 8AM - 12PM	CLOSED FOR VOLLEYBALL 9AM - 12PM	PICKLEBALL OPEN PLAY 2PM - 4PM
OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 3PM	OPEN GYM 12PM - 5PM	OPEN GYM 4PM - 5PM
CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM	CLOSED FOR AFTERSCHOOL 3PM - 5:30PM		
CLOSED FOR VOLLEYBALL 5:30PM - 8PM	CLOSED FOR VOLLEYBALL 5:30PM - 8PM	CLOSED FOR VOLLEYBALL 5:30PM - 8PM	OPEN GYM 5:30PM - 8PM	CLOSED FOR VOLLEYBALL 5:30PM - 8PM		

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