

Alamance County YMCA Gym 1 - Spring 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM 7AM – 5PM	OPEN GYM 1PM - 5PM Schedule
5:30AM - 8PM	5:30AM - 8PM	5:30AM - 8PM	5:30AM - 5PM	5:30AM - 8PM		is subject to change
					For a be	etter us.
			5PM – 8PM GYM CLOSED ADULT BBALL PROGRAM		REGISTER FOR SUMMER DAY CAMP	



Alamance County YMCA Gym 2 - Spring 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					OPEN GYM 7AM - 9AM 9AM - 11AM GYM CLOSED SPECIAL OLYMPICS	OPEN GYM 1PM – 5PM
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 5PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 11AM - 5PM	Schedule is subject to change
			5PM – 8PM GYM CLOSED ADULT BBALL PROGRAM		REGISTER FOR SUMMER DAY CAMP	



Alamance County YMCA Gym 4 - Spring 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 9AM		OPEN GYM 5:30AM - 9AM		OPEN GYM 5:30AM - 9AM	7AM – 1PM GYM CLOSED YOUTH	OPEN GYM 1PM – 5PM
PICKLEBALL OPEN PLAY 9AM - 2PM	OPEN GYM 5:30AM - 4PM	PICKLEBALL OPEN PLAY 9AM - 2PM	OPEN GYM 5:30AM - 4PM	PICKLEBALL OPEN PLAY 9AM - 2PM	VOLLEYBALL	
OPEN GYM 2PM – 4PM		OPEN GYM 2PM - 4PM		OPEN GYM 2PM – 4PM	OPEN GYM 1PM – 5PM	Schedule is subject to change
CLOSED FOR AFTERSCHOOL 4PM - 5PM	CLOSED FOR AFTERSCHOOL 4PM – 5PM	CLOSED FOR AFTERSCHOOL 4PM – 5PM	CLOSED FOR AFTERSCHOOL 4PM - 5PM	CLOSED FOR AFTERSCHOOL 4PM - 5PM	For a be	etter us.
5PM - 8PM GYM CLOSED YOUTH VOLLEYBALL	5PM - 8PM GYM CLOSED ADULT VOLLEYBALL	REGISTER FOR SUMMER DAY CAMP				



Alamance County YMCA Gym 5 - Spring 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 9AM		OPEN GYM 5:30AM - 9AM		OPEN GYM 5:30AM - 9AM	7PM - 1PM GYM CLOSED YOUTH	OPEN GYM 1PM – 5PM
PICKLEBALL OPEN PLAY 9AM - 2PM	OPEN GYM 5:30AM - 4PM	PICKLEBALL OPEN PLAY 9AM - 2PM	OPEN GYM 5:30AM - 4PM	PICKLEBALL OPEN PLAY 9AM - 2PM	VOLLEYBALL	
OPEN GYM 2PM – 4PM		OPEN GYM 2PM – 4PM		OPEN GYM 2PM – 4PM	OPEN GYM 1PM – 5PM	Schedule is subject to change
CLOSED FOR AFTERSCHOOL 4PM – 5PM	For a be	etter us.				
5PM - 8PM GYM CLOSED YOUTH VOLLEYBALL	5PM - 8PM GYM CLOSED ADULT VOLLEYBALL	REGISTER FOR SUMMER DAY CAMP				