



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Alamance County YMCA

Gym 1 – Winter 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	7AM – 5PM GYM CLOSED YOUTH BASKETBALL	OPEN GYM 1PM – 5PM
6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	Schedule is subject to change	
For a better us.					REGISTER FOR SPRING SPORTS TODAY	



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Alamance County YMCA

Gym 2 – Winter 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	OPEN GYM 5:30AM – 6PM	7AM – 5PM GYM CLOSED YOUTH BASKETBALL	OPEN GYM 1PM – 5PM
6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	Schedule is subject to change	
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Gym 4 – Winter 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 9AM	OPEN GYM 5:30AM – 4PM	OPEN GYM 5:30AM – 9AM	OPEN GYM 5:30AM – 4PM	OPEN GYM 5:30AM – 9AM	7PM – 5PM GYM CLOSED YOUTH BASKETBALL	1PM – 5PM GYM CLOSED YOUTH BASKETBALL
PICKLEBALL OPEN PLAY 9AM – 12PM		PICKLEBALL OPEN PLAY 9AM – 12PM		PICKLEBALL OPEN PLAY 9AM – 12PM		
OPEN GYM 12PM – 4PM		OPEN GYM 12PM – 4PM		OPEN GYM 12PM – 4PM		
CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM		
6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL		

Schedule is
subject to
change

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TODAY





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Alamance County YMCA

Gym 5 – Winter 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 9AM	OPEN GYM 5:30AM – 4PM	OPEN GYM 5:30AM – 9AM	OPEN GYM 5:30AM – 4PM	OPEN GYM 5:30AM – 9AM	7PM – 5PM GYM CLOSED YOUTH BASKETBALL	1PM – 5PM GYM CLOSED YOUTH BASKETBALL
PICKLEBALL OPEN PLAY 9AM – 12PM		PICKLEBALL OPEN PLAY 9AM – 12PM		PICKLEBALL OPEN PLAY 9AM – 12PM		
OPEN GYM 12PM – 4PM		OPEN GYM 12PM – 4PM		OPEN GYM 12PM – 4PM		
CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM	CLOSED FOR AFTERSCHOOL 4PM – 6PM		Schedule is subject to change
6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL	6PM – 8PM GYM CLOSED YOUTH BASKETBALL		

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