



## **Leader in Training (L.I.T.) Application**

**Summer Camp 2020**

**YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.**

## **About the Program**

Thank you for your interest in joining our Leaders in Training Program (L.I.T.). The following information will give you a little more insight into our program and inform you of the selection process as we prepare for the summer.

The YMCA selects teenagers (rising 9<sup>th</sup> and 10<sup>th</sup> Graders) during the summer to participate in our L.I.T. Program. This program is designed to provide opportunities to develop and sharpen leadership skills and acquire the knowledge that will help prepare them to become an effective counselor. This is a perfect opportunity to grow as a leader, observe counselors, work with children, and become exposed to employment for the first time.

For over 50 years, the Alamance County Community YMCA has supported summer camp based programming that encourages young people to grow in spirit, mind, and body. Our YMCA is committed to providing trained professional staff for summer camps that will uphold our mission and character values.

## **Who are L.I.T.s**

When we select L.I.T.'s we look for people who will work to achieve our program goals:

- Teens who want the opportunity to positively impact the lives of children
- Teens who want to be a part of a team and learn leadership skills
- Teens who will serve a critical role in creating an atmosphere that is fun, safe, welcoming and challenging

We are looking for mature, creative, fun, enthusiastic and energetic people. If you love working with kids in an outdoor and indoor environment, YMCA Summer Camp may be just the place for you!

## **Camp Life**

Working through our L.I.T. Program will give you the opportunity to work with children from the ages of 5 to 10 years old. If you've ever been to camp, you can probably guess what it's like to work there. YMCA Summer Day Camps are everything you could ask for in a camp, and more. Working with children in summer camp programs is one of the most rewarding experiences you can have.

The L.I.T. Program will be directly involved in our two Summer Camp Programs. Camp Frontier is located in Snow Camp, NC on Bass Mountain Road. At this all outdoor camp, kids will participate in activities such as horseback riding, canoeing, swimming in our outdoor pool, archery, fishing, arts and crafts and much more. Camp Horizons is located at the Y. This indoor/outdoor camp will participate in activities like sports in the gym, arts and crafts, swimming in our indoor pool, and outdoor play at local community parks.

## **L.I.T. Responsibilities**

A L.I.T. is assigned to a group of younger campers, where he/she will receive training from the counselors in all aspects of the group. The first priority for all camp staff, including L.I.T.'s is to ensure that all campers are safe and properly cared for throughout their stay at camp. This means ensuring adequate and qualified supervision at all times, meeting the special needs of children, providing effective discipline and being a role model for youth while away from home.

Not only will L.I.T.'s will learn leadership skills through working with counselors, they will also participate in trainings throughout their time at camp to enhance their skills. Sessions will be lead on the following topics:

- Developing leadership skills
- Problem solving
- Group management skills
- Developing communication skills
- Age group characteristics
- Selflessness
- Working with others
- Creating a caring community
- Developing self-esteem
- Performance Reflection

L.I.T.'s also share in the day-to-day operation of the camp, which includes leading special programs, instructing campers in various skills, helping with spontaneous or unexpected activities and performing some cleaning duties. Remember, the great thing about working for the Y is that everything is a team effort. We're all out there doing the job together!

## **Application Process:**

Interviewing and selection of participants for the Leader in Training Program takes place in April and May. Interviewing for camp is a two-part process. First, you must submit your completed application by April 16<sup>th</sup> with two additional recommendations from teachers or community members. Second, selected applicants will be contacted by email at the end of April with more details about the interview process.

Final selection for L.I.T. positions will be completed by the beginning of May. Because most applicants will not have previous work history or experience, a large determining factor will be based on responses to the application questions and final interview.

**L.I.T. Applications must be received by April 16, 2020**



**YMCA CAMP LEADERS-IN-TRAINING PROGRAM  
APPLICATION**

Applicant Name: \_\_\_\_\_ Date: \_\_\_\_\_

Gender (circle one):    M    F                      Grade (circle one):    9<sup>th</sup>    10<sup>th</sup>

School: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_                      State: \_\_\_\_\_                      Zip: \_\_\_\_\_

Applicant Phone: \_\_\_\_\_    Parent/Guardian Phone: \_\_\_\_\_

Parent/Guardian Name(s): \_\_\_\_\_

Parent/Guardian Email: \_\_\_\_\_

Which sessions are you interested in attending:

\_\_\_ Session 1 (June 16 - June 19)

\_\_\_ Session 2 (June 22 - June 26)

\_\_\_ Session 3 (June 29 - July 3)

\_\_\_ Session 4 (July 6 - July 10)

\_\_\_ Session 5 (July 13 - July 17)

\_\_\_ Session 6 (July 20 - July 24)

\_\_\_ Session 7 (July 27 - July 31)

\_\_\_ Session 8 (Aug. 3 - Aug. 7)

\_\_\_ Session 9 (Aug. 10 - Aug. 14)



7. What do you hope to gain from the LIT experience?

8. What three words best describe your personality?

9. What leadership traits do you feel you personally need to work on?

10. Please describe something you've done at school, home or elsewhere that you are particularly proud of.

11. Additional Comments:

Thank you very much for your interest in the Leader in Training Program. Please remember that the L.I.T. program is highly competitive and limited spots are available. If you have any questions or need help regarding this application please do not hesitate to contact Ally Snuggs at 336-395-9622 or [asnuggs@acymca.org](mailto:asnuggs@acymca.org).

Please Submit Application with Two (2) Written Recommendations To:

Ally Snuggs  
Alamance County YMCA  
1346 S. Main Street  
Burlington, NC 27215





# YMCA Leader in Training Program Personal Reference Questionnaire

TO THE APPLICANT: Please have this form completed by a personal reference. Your reference may e-mail this form to Ally Snuggs at [asnuggs@acymca.org](mailto:asnuggs@acymca.org) or mail directly to the YMCA at 1346 S. Main Street, Burlington, NC 27215.

\*\*\*Your application will not be considered until all references are received\*\*\*

Applicant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

TO THE REFERENCE: The person named above would like you to give them a reference to be a YMCA Leader in Training, which focuses on developing leadership qualities in teenagers. If chosen, they will be working at the Y with kids in our youth programs. Thank you for taking the time to complete this form as honestly and accurately as possible.

How long have you known the applicant?

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In what capacity have you known the applicant?

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How easily does the applicant adapt to new situations and difficult circumstances?	Not Well	1	2	3	4	5	Very Well
How well does the applicant accept responsibility?	Not Well	1	2	3	4	5	Very Well
How well does the applicant get along in a group?	Not Well	1	2	3	4	5	Very Well
How good are the applicant's oral communication skills?	Not Well	1	2	3	4	5	Very Well
How willing and able is the applicant to do hard physical labor (consider physical strength, endurance, coordination)?	Not Well	1	2	3	4	5	Very Well
How comfortable is the applicant in dealing with unfamiliar people?	Not Well	1	2	3	4	5	Very Well
How well is the applicant able to follow directions and complete tasks without supervision?	Not Well	1	2	3	4	5	Very Well

How strongly do you recommend the applicant for the Leader in Training (L.I.T.) program?

To what extent has the applicant demonstrated leadership and self-initiative?

Please describe what you consider to be the applicant's major strong points?

Please describe what you consider to be the applicant's main limitations?

How does the applicant respond to suggestions for improvement?

Please feel free to provide additional information about the applicant.

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

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