



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

STRONG SWIMMERS CONFIDENT KIDS

Camp Frontier Pool Swim Lessons – Summer 2021

Here at the Y, we believe that swimming is a life skill, great exercise and a challenging sport. The goal of our swim lessons program is to help individuals build their self-confidence through learning the necessary skills to be safe in and around the water for a lifetime. We offer three swim lesson options and all lessons are 30 minutes long. Our Aquatics department follows all safety guidelines established by the CDC, NCDHSS, Red Cross and Y USA.

- Small Group Lessons consist of 4 lessons with 3-6 swimmers per instructor.
- Private Lessons consists of 5 lessons and provides the swimmer with one-on-one attention.
- Semi-Private Lessons consist of 5 lessons and are for swimmers who are on the same swim level.
- The swim lesson schedule is located on the back of this flyer.

Price: Small Group Lessons - Members \$40.00 Program Participants \$60.00

Private Lessons - \$125.00

Semi Private Lessons – Members \$50.00 Program Participants \$75.00

LOCATION: 5258 Bass Mountain Rd, Snow Camp

2021 Camp Frontier Pool Swim Lesson

June Sessions

Weekday Lessons (Monday through Thursday)

Session 1 June 7 – June 10

Session 2 June 14 – June 17

Session 3 June 21 – June 24

Session 4 June 28 – July 1

Class Times at Camp Frontier Pool

Level 3 and higher:

- 9:00 – 9:30 AM

Levels 1 & 2

- 9:40 – 10:10 AM

July Sessions

Weekday Lessons (Monday through Thursday)

Session 1 July 5 – July 8

Session 2 July 12 – July 15

Session 3 July 19 – July 22

Registration is now available online at [acymca.org/programs](https://www.acymca.org/programs).

Don't know what Level your swimmer is? Check out this Page:

<https://www.acymca.org/sites/default/files/Swim%20Lesson%20Selector%20Guide.pdf>

Refund Policy: A required form requesting a Refund or Credit (available at the Member Services Desk) must be submitted to the Aquatics Director TWO WEEKS prior to the beginning of class.

Make-up days: There are no make up dates for missed classes. Make up days will only be scheduled for YMCA cancelled classes.