



# Leader in Training (LIT) Application

Summer  
Camp  
2022

**YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.**

## **Introduction**

Thank you for your interest in joining our Leaders in Training Program (L.I.T.). This handbook will help answer some questions as you fill out your application form.

The YMCA selects teenagers (Rising 9<sup>th</sup> and 10<sup>th</sup> Graders) during the summer to participate in our L.I.T. Program. This program is designed to give high school students the opportunity to grow as a leader and to observe counselors, work with children, and be exposed to employment for the first time. Our camps are in operation during the summer months when school is out.

For over 50 years, the Alamance County Community YMCA has supported summer camp based programming that encourages young people to grow in spirit, mind, and body. Our YMCA is committed to providing trained professional staff for summer camps that will uphold our mission and character values.

### **Who we're looking for:**

When we select L.I.T.'s we look for people who will work to achieve our program goals:

- Teens who want the opportunity to positively impact the lives of children
- Teens who want to be a part of a team and learn leadership skills
- Teens who will serve a critical role in creating an atmosphere that is fun, safe, welcoming and challenging

Basically, we are looking for mature, creative, fun, enthusiastic and energetic people. If you love working with kids in an outdoor and indoor environment, YMCA Summer Camp may be just the place for you!

### **What working at camp is all about:**

Working through our L.I.T. Program will give you the opportunity to work with children from the ages of 5 and up. Several summer staff training events will be held during June aimed at developing the skills necessary for the summer. Camp Frontier workers will also have onsite outdoor training at the camp. A schedule of training will be provided to those applicants chosen.

If you've ever been to camp, you can probably guess what it's like to work there. YMCA Summer Day Camps are everything you could ask for in a camp and more. Most staff members describe working at our YMCA Summer Day Camps as one of the most rewarding experiences of their lives.

Camp Frontier is nestled at the foot of Bass Mountain in Snow Camp, North Carolina. Camp Horizons is located at the YMCA and uses the surrounding area to help lead the kids in organized activities.

### **The responsibilities of the job:**

The first priority for all camp staff, including L.I.T.'s is to **ensure that all campers are safe and properly cared for throughout their stay at camp**. This means ensuring adequate and qualified supervision at all times, meeting the special needs of children, providing effective discipline and being a role model for youth while away from home. L.I.T.'s will learn all these skills through observation, one-on-one counseling/direction by the Summer Camp Director, and hands on experience.

L.I.T.'s also share in the day-to-day operation of the camp, which includes leading special programs, instructing campers in various skills, helping with spontaneous or unexpected activities and performing some cleaning duties.

There's a whole lot for YMCA Summer Day Camp L.I.T.'s to do in a day. Don't worry if you don't know how to do something listed above - we provide full training. And remember, the great thing about working for the Y is that everything is a team effort. We're all out there doing the job together!

### **Application Process:**

Interviewing and selection of the Leaders in Training takes place **in May**. Interviewing for camp is a two-part process. First, you must submit your completed application with **two additional recommendations from teachers or community members**. Second, selected applicants will be contacted by April 29<sup>th</sup> to schedule a group interview. Final selection for L.I.T. positions will be completed in May.

Because most applicants will not have previous work history or experience, a large determining factor will be based on the interview and response to application questions. Applications must be completed by the L.I.T. applicant (not their parents).

**L.I.T. Applications must be received by April 18, 2022.**

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### **Fees for the Leader in Training Program:**

- **\$20 deposit per session due at registration.**
- **Cost per session is \$80 per participant.**



# YMCA CAMP

## LEADERS-IN-TRAINING PROGRAM APPLICATION

**Note: Those applying for the LIT program must be rising 9<sup>th</sup> and 10<sup>th</sup> graders**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Gender: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Name(s):  
\_\_\_\_\_

Parent/Guardian Email: \_\_\_\_\_ Parent/Guardian Phone: \_\_\_\_\_

Which sessions are you interested in attending:

\_\_\_\_\_ Session 1 (June 13-17)

\_\_\_\_\_ Session 6 (July 18-22)

\_\_\_\_\_ Session 2 (June 20-24)

\_\_\_\_\_ Session 7 (July 25-29)

\_\_\_\_\_ Session 3 (June 27-July 1)

\_\_\_\_\_ Session 8 (August 1-5)

\_\_\_\_\_ Session 4 (July 5- 8)

\_\_\_\_\_ Session 9 (August 8-12)

\_\_\_\_\_ Session 5 (July 11- July 15)

\_\_\_\_\_ Session 10 (August 15-19)



SHORT ANSWER QUESTIONS: Feel free to elaborate on a separate sheet of paper

1. Why do you want to be a Leader-In-Training at Camp Frontier/ Horizons?
2. What leadership positions have you held? What contributions did you make?
3. Who is one person you truly respect as a leader? Why?
4. What is the most exciting aspect of the LIT program for you?
5. What are you most nervous about in regards to the LIT program?
6. Give an example of a time when you fell short of your goals. How did you react to this setback?
7. What do you hope to gain from the LIT experience?

8. What three words best describe your personality?

9. What leadership traits do you feel you personally need to work on?

10. Please describe something you've done at school, home or elsewhere that you are particularly proud of.

11. Additional Comments:

Thank you very much for your interest in our programs and your enthusiasm toward building your own future as a leader at our camp and in your community. Please remember that the L.I.T. program is highly competitive and only accepts 10 applicants per session into the program. If you have any questions or need help regarding this application, please do not hesitate to call Maria Nunn at 336-395-9622.

Please Submit Application with Two (2) Written Recommendations To: LIT  
Program  
Attn: Director of Youth Development  
Alamance County YMCA  
1346 S. Main Street  
Burlington, NC 27215

# YMCA Camp Frontier/ Horizons

## LIT Personal Reference Questionnaire

TO THE APPLICANT: Please have this form completed by a personal reference. Print your name below and provide your telephone number so the reference may contact you with any questions. Reference may e-mail form to [munn@acymca.org](mailto:munn@acymca.org) or mail directly to the YMCA at 1346 S. Main Street, Burlington, NC 27215.

\*\*\*Your application will not be considered until all references are received\*\*\*

Applicant's Name: \_\_\_\_\_ Telephone  
#: \_\_\_\_\_ Date: \_\_\_\_\_

TO THE REFERENCE: The person named above would like you to give them a reference to be a YMCA Leader in Training, which focuses on developing leadership qualities in teenagers (Rising 9<sup>th</sup> & 10<sup>th</sup> graders). If chosen, they will be working at the Y with kids in our youth programs. Thank you for taking the time to complete this form as honestly and accurately as possible. All references are kept in strictest confidence.

In what capacity have you known the applicant?

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How long have you known the applicant?

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How easily does the applicant adapt to new situations and difficult circumstances?	Not Well	1	2	3	4	5	Very Well
How well does the applicant accept responsibility?	Not Well	1	2	3	4	5	Very Well
How well does the applicant get along in a group?	Not Well	1	2	3	4	5	Very Well
How good are the applicant's oral communication skills?	Not Well	1	2	3	4	5	Very Well
How willing and able is the applicant to do hard physical labor (consider physical strength, endurance, coordination)	Not Well	1	2	3	4	5	Very Well
How comfortable is the applicant in dealing with unfamiliar people?	Not Well	1	2	3	4	5	Very Well
How well is the applicant able to follow directions and carry through on tasks without supervision?	Not Well	1	2	3	4	5	Very Well



How strongly do you recommend the applicant for the program?

To what extent has the applicant demonstrated leadership and self-initiative?

Please describe what you consider to be the applicant's major strong points?

Please describe what you consider to be the applicant's main limitations?

How does the applicant respond to suggestions for improvement?

Please feel free to provide additional information about the applicant.

(Please print clearly)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Signature: \_\_\_\_\_