

Alamance County Community YMCA 1346 S Main St. Burlington, NC 27215 NONPROFIT ORGANIZATION U.S. POSTAGE

PAID BURLINGTON, NC PERMIT NO. 157



## THE COMMUNITY NEEDS YOU.



### YOUTH DEVELOPMENT

## 1 in 4 children in North Carolina lives in poverty without access to opportunities to reach their full potential.

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential.

### HEALTHY LIVING



# 23% of N.C. adults are not physically active and even more are obese and at risk for chronic disease.

We help people and families build and maintain healthy habits for spirit, mind and body in their everyday lives. From diabetes prevention to active older adult programs, the Y helps individuals live healthier.

### SOCIAL RESPONSIBILITY



### 1 in 5 individuals in North Carolina struggles to make ends meet.

With our doors open to all, we bring people from all backgrounds together and support those who need us most. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

# The Y.<sup>™</sup> For a better us.

To learn more about giving to the Y:

Alamance County Community YMCA

336 395 9622

www.acymca.org

### A BETTER COMMUNITY A BETTER YOU A BETTER US

Dear YMCA Staff:

This letter is to express our appreciation for the scholarship the YMCA has offered us. If it were not for this membership thanks to generous donors, we would not have been able to afford to be a part of the Y and I cannot express the benefits we have reaped from becoming active members.

First, I would like to start with my children. My oldest has diabetes and your youth basketball program has helped her immensely. My son has autism and if it weren't for the basketball courts, we would not be able to make his life as happy, as he lives and breathes basketball. He craves going to the Y just to get this recreational time.

Then there is myself, I suffer from diabetes and back problems. I had gained over 20 pounds last year and my diabetes was grossly out of control. However, the Y kept me coming back and with dedication and hard work, I have managed to drop some of my medications as well as become extremely fit. I work out one to two hours a day now!

My back only hurts when I do not work out, which has had a huge impact on my life. My husband is an avid basketball player as well and appreciates being able to see his children thrive while he plays ball as much as he can. My youngest daughter enjoys your pool immensely.

#### AGAIN, I WOULD LIKE TO THANK THE YMCA FOR THE SUPPORT FOR OUR FAMILY TO HAVE A MEMBERSHIP. WITHOUT IT WE WOULD NOT BE ABLE TO SPEND TIME AS A FAMILY IMPROVING OUR HEALTH AND FITNESS. To the staff, you have been nothing but kind and treat us the same whether we are on a scholarship or not. Thanks for your support!

- A current YMCA Family Member

# GIVE TODAY

We have an extraordinary opportunity to ensure a brighter future for our community. Your gift to the Alamance County Community YMCA will have a lasting impact in the community by helping us to reach more people through life-changing programs and services.

### \$15 monthly

\$15 a month will give an at-risk teen a chance to make new friends, develop leadership skills, learn teamwork and so much more with a Y membership.

### **\$20** monthly

\$20 a month will give a minimum wage working family After School care for their child for the entire school year, providing the child a safe place to grow and thrive while helping the family meet their financial obligations.

# \$40 monthly

\$40 a month will provide a fixed income senior family health and social benefits leading to

# \$1,000

A one-time gift of \$1,000 gives a child the opportunity to experience Y Summer

## The Y.<sup>™</sup> For a better us.

improved overall well being.

Camp, where they will explore nature, discover new talents, try new activities, gain independence, and make lasting friendships and memories.

Fill out, detach & mail this pledge card to ALAMANCE COUNTY COMMUNITY YMCA, Attn: ANNUAL GIVING CAMPAIGN, 1346 S. Main St. Burlington, NC 27215

### ALAMANCE COUNTY COMMUNITY YMCA: Annual Giving Campaign

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YES, I WANT TO HELP. HERE IS MY PLEDGE FOR:	PAYMENT OPTIONS (please select one option)	
My pledge: \$	My personal pledge of \$ will b	e paid by: (please choose one)
One Time Monthly Quarterly	Payment enclosed    Credit Card or bank draft    Use card number on file    Please, call me at:    I plan to make a grant recommendation	Please, bill me    Image: Display transformed state   Image: Display transformed state
Name:	Signature:	
Address:		
	Phone:	
Email:		