Alamance County YMCA
Gym 1 | Mar–May

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 5PM / ADULT BASKETBALL 5PM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 7AM – 9AM / SPECIAL OLYMPICS 9AM – 11AM / OPEN GYM 11AM – 5PM	OPEN GYM 1PM – 5PM

Schedule is subject to change

For a better us.

Stay tuned for Spring Sports registration information!

Alamance County YMCA
Gym 2 | Mar–May

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						OPEN GYM 1PM – 5PM
OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 5PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 7AM – 5PM	
			ADULT BASKETBALL 5PM – 8PM			

Schedule is subject to change

For a better us.

Stay tuned for Spring Sports registration information!

Alamance County YMCA
Gym 4 | Mar–May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	YOUTH VOLLEYBALL 7AM – 1PM	PICKLEBALL OPEN PLAY 1PM–5PM
PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM		
OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 1PM–5PM	
AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM		
YOUTH VOLLEYBALL 5PM – 8PM	YOUTH VOLLEYBALL 5PM – 8PM	YOUTH VOLLEYBALL 5PM – 8PM	YOUTH VOLLEYBALL 5PM – 8PM	ADULT VOLLEYBALL 5PM – 8PM		

Schedule is subject to change

For a better us.

Stay tuned for Spring Sports registration information!

Alamance County YMCA
Gym 5 | Mar–May

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	YOUTH VOLLEYBALL 7AM – 1PM	PICKLEBALL OPEN PLAY 1PM–5PM
PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM		
OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 12PM–3PM	OPEN GYM 1PM–5PM	
AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM	AFTERSCHOOL PROGRAM 3PM – 5PM		
YOUTH VOLLEYBALL 5PM – 8PM	YOUTH VOLLEYBALL 5PM – 8PM	YOUTH VOLLEYBALL 5PM – 8PM	YOUTH VOLLEYBALL 5PM – 8PM	ADULT VOLLEYBALL 5PM – 8PM		

Schedule is subject to change

For a better us.

Stay tuned for Spring Sports registration information!