



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Alamance County YMCA

Gym 1 | Dec-Jan

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| OPEN GYM 5:30AM - 5PM | OPEN GYM 5:30AM - 5PM | OPEN GYM 5:30AM - 8PM | OPEN GYM 5:30AM - 5PM | OPEN GYM 5:30AM - 5PM | YOUTH BASKETBALL 7AM - 5PM | OPEN GYM 1PM - 3PM |
| YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | | YOUTH BASKETBALL 3PM - 5PM |

Schedule
is subject
to change

For a better us.

Stay tuned for Spring Sports
registration information!





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Alamance County YMCA

Gym 2 | Dec-Jan

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| OPEN GYM 5:30AM - 5PM | OPEN GYM 5:30AM - 5PM | OPEN GYM 5:30AM - 8PM | OPEN GYM 5:30AM - 5PM | OPEN GYM 5:30AM - 5PM | YOUTH BASKETBALL 7AM - 5PM | OPEN GYM 1PM - 3PM |
| YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | YOUTH BASKETBALL 5PM - 8PM | | YOUTH BASKETBALL 3PM - 5PM |

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Alamance County YMCA

Gym 4 | Dec-Jan

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------|-------------------------------|
| OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | YOUTH BASKETBALL 7AM – 5PM | YOUTH BASKETBALL 1PM – 5PM |
| PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | | |
| OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | | |
| AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | | |
| YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | | |

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Alamance County YMCA

Gym 5 | Dec-Jan

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------|-------------------------------|
| OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | OPEN GYM 5:30AM – 8AM | YOUTH BASKETBALL 7AM – 5PM | YOUTH BASKETBALL 1PM – 5PM |
| PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | PICKLEBALL OPEN PLAY 8AM-12PM | | |
| OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | OPEN GYM 12PM-3PM | | |
| AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | AFTERSCHOOL PROGRAM 3PM – 5PM | | |
| YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | YOUTH BASKETBALL 5PM – 8PM | | |

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