

Alamance County YMCA

Gym 1 | FALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 7AM – 5PM	OPEN GYM 1PM – 5PM

**Schedule
is subject
to change**

For a better us.

Stay tuned for basketball
registration information!





Alamance County YMCA

Gym 2 | FALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 5:30AM - 8PM	OPEN GYM 7AM - 5PM	OPEN GYM 1PM - 5PM

**Schedule
is subject
to change**

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FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Alamance County YMCA

Gym 4 | FALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	SPORTS PROGRAM 7AM – 1PM	PICKLEBALL OPEN PLAY 1PM – 5PM
PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM		
OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 1PM – 5PM	Schedule is subject to change
AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM		
SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM		

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FOR SOCIAL RESPONSIBILITY

Alamance County YMCA

Gym 5 | FALL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	SPORTS PROGRAM 7AM – 1PM	PICKLEBALL OPEN PLAY 1PM – 5PM
PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM	PICKLEBALL OPEN PLAY 8AM-12PM		
OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 12PM-3PM	OPEN GYM 1PM – 5PM	Schedule is subject to change
AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM	AFTERSCHOOL PROGRAM 3PM – 6PM		
SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM	SPORTS PROGRAM 6PM – 8PM		

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