



Alamance County YMCA

Gym 1 | August 17–October 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 7AM – 5PM	OPEN GYM 1PM – 5PM

Schedule
is subject
to change

For a better us.

Basketball Registration opens
September 1st



Alamance County YMCA

Gym 2 | August 17–October 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 5:30AM – 8PM	OPEN GYM 7AM – 5PM	OPEN GYM 1PM – 5PM

Schedule
is subject
to change

For a better us.

Basketball Registration opens
September 1st



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Alamance County YMCA

Gym 4 | August 17–October 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 7AM–8AM	PICKLEBALL OPEN PLAY 1PM–5PM
PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	YOUTH VOLLEYBALL 8 AM – 2PM	
OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 2PM–5PM	Schedule is subject to change
AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM		
YOUTH VOLLEYBALL 6:00PM – 8PM	YOUTH VOLLEYBALL 6:00PM – 8PM	YOUTH VOLLEYBALL 6:00PM – 8PM	YOUTH VOLLEYBALL 6:00PM – 8PM	ADULT VOLLEYBALL 6:00PM – 8PM		

For a better us.

Basketball Registration opens
September 1st

Alamance County YMCA

Gym 5 | August 17–October 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 5:30AM – 8AM	OPEN GYM 7AM–8AM	PICKLEBALL OPEN PLAY 1PM–5PM
PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	PICKLEBALL OPEN PLAY 8AM–12PM	YOUTH VOLLEYBALL 8 AM – 2PM	
OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 12PM – 4PM	OPEN GYM 2PM–5PM	Schedule is subject to change
AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM	AFTERSCHOOL 4PM – 6PM		
YOUTH VOLLEYBALL 6:00PM – 8PM	YOUTH VOLLEYBALL 6:00PM – 8PM	YOUTH VOLLEYBALL 6:00PM – 8PM	YOUTH VOLLEYBALL 6:00PM – 8PM	ADULT VOLLEYBALL 6:00PM – 8PM		

For a better us.

Basketball Registration opens
September 1st