



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# Youth Swim Lessons

Encourage safety and confidence in and around the water through our multi-level swim lesson program. Children learn skill progressions that build a solid foundation for swimming all four strokes. Age-appropriate water safety rules are taught in each class.

**PLEASE SEE REVERSE SIDE FOR SESSION DATES**

## Parent/Child Class

Saturdays 10:15-10:45 AM

**Beginner Classes** – For children with little or no swimming experience.

Monday/Wednesday 6:00-6:30 PM  
Tuesday/Thursday 6:00-6:30 PM  
Saturday 11:00-11:30 AM

**Intermediate Classes** – For children who can float (on front & back) and swim 15 feet unassisted. Stroke development will continue until the student can swim 25 yards unassisted.

Monday/Wednesdays 6:30-7:00 PM  
Tuesday/Thursday 6:30-7:00 PM  
Saturday 11:45 -12:15 PM

**Advanced Class** – Children who can swim 25 yards unassisted. Instructor will continue to work on stroke development and learn to swim all four strokes.

Tuesday/Thursday 6:15-7:00 PM

## Member Fee

Beginner & Intermediate \$32.00 per session  
Advanced \$48.00 per session

## Program Participant Fee

Beginner & Intermediate \$64.00 per session  
Advanced \$88.00 per session

**\*See Back for Late Registration Fees\***

## Contact

Mary Wilson, Aquatics Director, 336-395-9622

**ALAMANCE COUNTY COMMUNITY YMCA**  
1346 South Main Street, Burlington NC 27215  
P 336 395 9622 F 336 229 4507 [www.acymca.org](http://www.acymca.org)



# 2012

## Winter/Spring Swim Lesson Sessions

**\*Pre-Registration is Required \***

**A Non-Refundable Late Fee of \$10 will be charged for registering on or after the first day of class.**



<b>Parent/Child</b>	Saturdays	January 7th-February 25th March 3rd-April 28th (No Class April 7th) May 5th-May 23rd
<b>Beginner &amp; Intermediate</b>	Monday/Wednesday	January 2nd-January 25th January 30th-February 22nd February 27th-March 21st March 26th-April 25th (No Class April 2nd, 4th, or 9th) *Make-up for 9th will be Friday, April 13th* April 30th-May 23rd May 28th-June 20th
	Tuesday/Thursday	January 3rd-January 26th January 31st-February 23rd February 28th-March 22nd March 27th-April 26th (No Class April 3rd & 5th) May 1st-May 24th May 29th-June 21st
	Saturday	Jan 7th-February 25th March 3rd-April 28th (No Class April 7th) May 5th-May 23rd
<b>Advanced</b>	Tuesday/Thursday	January 3rd-January 26th January 31st-February 23rd February 28th-March 22nd March 27th-April 26th (No Class April 3rd & 5th) May 1st-May 24th May 29th-June 21st

**Refund Policy:** A required form requesting a Refund or Credit (available at the Member Services Desk) must be submitted to the Aquatics Director **TWO WEEKS prior to the beginning of class.**

**Make-up days :** After the 2nd cancellation due to weather, a make-up day will be scheduled. Make-up days will not be scheduled for individuals who miss a class.

**YMCA Mission:** To put Christian principles into practice through programs that build healthy spirit, mind and body for all.