



**LEARN
GROW
THRIVE**



CHILD WATCH

ALAMANCE COUNTY COMMUNITY YMCA



Be confident that your child is having a safe and enjoyable experience during your workout within the YMCA!

FREE FOR MEMBERS

Ages: 3 Months - 11 Years

Two Hours Per Day

HOURS

MONDAY - THURSDAY

8:30AM - 12:00PM / 4:00PM - 7:30PM



ACYMCA.ORG

FRIDAY

8:30AM - 12:00PM